

Rolling Hills Grades k-5

Lunch March 2025

Food Service Directors: Megan Matlock/DJ Campbell
 megan.matlock@rollinghills.k12.oh.us
 740.685.8365 ext. 3016



MENUS SUBJECT TO CHANGE



What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat/Meat Alternate
- Choice of Vegetable, Choice of Fruit*
- Choice of Grain and Choice of Milk

*Students must choose at least one fruit or vegetable

Lunch is FREE!

Daily additional meal options may include:
 Wow-Butter & Jelly Sandwiches

Fresh Fruits and Vegetables

*Vegetables may include:

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Cauliflower
- Celery
- Red/Green Peppers
- Cucumber

*Fruits may include:

- Crisp Apple
- Fresh Orange
- Banana
- Apple Slices
- Grapes
- Blueberries
- Strawberries

*May choose two 1/2

*May choose one 1/2 cup serving

Offered Daily

Fruit/Veggie Side: \$1.00



Milk Choices Offered Daily

Fat Free Chocolate & Low Fat White
 Extra Milk: \$.65

This institution is an equal opportunity provider.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
3	<p><u>Homestyle Entrée:</u> Lasagna Rollups</p> <p><u>Hot Vegetable:</u> Steamed Broccoli</p> <p><u>Fruit:</u> Applesauce</p> <p><u>Fan Favorite:</u> Chicken Patty on a Bun</p>	<p><u>Homestyle Entrée:</u> Beef & Cheese Nachos</p> <p><u>Hot Vegetable:</u> Garbanzo Beans</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Nacho Munchable</p>	<p><u>Homestyle Entrée:</u> Fiestada Pizza</p> <p><u>Hot Vegetable:</u> Steamed Carrots</p> <p><u>Fruit:</u> Pineapple Tidbits</p> <p><u>Fan Favorite:</u> Chicken Nuggets</p>	<p><u>Homestyle Entrée:</u> Popcorn Chicken Bowl</p> <p><u>Hot Vegetable:</u> Mashed Potatoes & Gravy</p> <p><u>Fruit:</u> Diced Peaches</p> <p><u>Fan Favorite:</u> Cheeseburger on a Bun</p>	<h2 style="color: green;">No School</h2>				
10	<p><u>Homestyle Entrée:</u> Chicken Bacon Ranch Wrap</p> <p><u>Hot Vegetable:</u> Baked Beans</p> <p><u>Fruit:</u> Mandarin Oranges</p> <p><u>Fan Favorite:</u> Bologna & Cheese Sandwich</p>	<p><u>Homestyle Entrée:</u> BBQ Rib on a Bun</p> <p><u>Hot Vegetable:</u> Green Beans</p> <p><u>Fruit:</u> Pineapple Tidbits</p> <p><u>Fan Favorite:</u> Cheeseburger on a Bun</p>	<p><u>Homestyle Entrée:</u> Mini Blueberry Pancakes</p> <p><u>Hot Vegetable:</u> Tater Tots</p> <p><u>Fruit:</u> Sliced Apples</p> <p><u>Fan Favorite:</u> Chicken Biscuit</p>	<p><u>Homestyle Entrée:</u> Spaghetti & Meatballs</p> <p><u>Hot Vegetable:</u> Steamed Broccoli</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Mini Corndog Nuggets</p>		14	<p><u>Homestyle Entrée:</u> Pepperoni Pizza</p> <p><u>Hot Vegetable:</u> Steamed Carrots</p> <p><u>Fruit:</u> Diced Peaches</p> <p><u>Fan Favorite:</u> Cheese Pizza</p>		
17	<p><u>Homestyle Entrée:</u> Salisbury Steak</p> <p><u>Hot Vegetable:</u> Mashed Potatoes & Gravy</p> <p><u>Fruit:</u> Applesauce</p> <p><u>Fan Favorite:</u> Chicken Patty on a Bun</p>	<p><u>Homestyle Entrée:</u> Pepperoni & Cheese Stromboli</p> <p><u>Hot Vegetable:</u> Steamed Cauliflower</p> <p><u>Fruit:</u> Diced Peaches</p> <p><u>Fan Favorite:</u> Chicken Nuggets</p>	<p><u>Homestyle Entrée:</u> Turkey & Cheese Wrap</p> <p><u>Vegetable:</u> Steamed Carrots</p> <p><u>Fruit:</u> Pineapple Tidbits</p> <p><u>Fan Favorite:</u> Bosco Sticks</p>	<p><u>Homestyle Entrée:</u> Meatball Hoagie</p> <p><u>Hot Vegetable:</u> Baked Beans</p> <p><u>Fruit:</u> Mandarin Oranges</p> <p><u>Fan Favorite:</u> Bologna & Cheese Munchable</p>	21	<p><u>Homestyle Entrée:</u> Pepperoni Pizza</p> <p><u>Hot Vegetable:</u> Steamed Broccoli</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Cheese Pizza</p>			
24	<p><u>Homestyle Entrée:</u> Pepperoni & Cheese Panini</p> <p><u>Hot Vegetable:</u> Green Beans</p> <p><u>Fruit:</u> Sliced Apples</p> <p><u>Fan Favorite:</u> Cheeseburger on a Bun</p>	<p><u>Homestyle Entrée:</u> Chicken & Cheese Quesadilla</p> <p><u>Hot Vegetable:</u> Black Beans</p> <p><u>Fruit:</u> Pineapple Tidbits</p> <p><u>Fan Favorite:</u> Turkey & Cheese Munchable</p>	<p><u>Homestyle Entrée:</u> Mac & Cheese Bites</p> <p><u>Hot Vegetable:</u> French Fries</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Fish Sandwich</p>	<p><u>Homestyle Entrée:</u> BBQ Chicken on a Bun</p> <p><u>Hot Vegetable:</u> Steamed Broccoli</p> <p><u>Fruit:</u> Diced Peaches</p> <p><u>Fan Favorite:</u> Chicken Patty on a Bun</p>	28	<p><u>Homestyle Entrée:</u> Pepperoni Pizza</p> <p><u>Hot Vegetable:</u> Steamed Carrots</p> <p><u>Fruit:</u> Mandarin Oranges</p> <p><u>Fan Favorite:</u> Cheese Pizza</p>			
31	<p><u>Homestyle Entrée:</u> Italian Hoagie</p> <p><u>Hot Vegetable:</u> Steamed Broccoli</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Fish Sticks</p>	1	<p><u>Homestyle Entrée:</u> Pizza Pasta Bake</p> <p><u>Hot Vegetable:</u> Steamed Carrots</p> <p><u>Fruit:</u> Applesauce</p> <p><u>Fan Favorite:</u> PB & J Munchable</p>	2	<p><u>Homestyle Entrée:</u> Beans & Weenies w Bread</p> <p><u>Hot Vegetable:</u> Baked Beans</p> <p><u>Fruit:</u> Mandarin Oranges</p> <p><u>Fan Favorite:</u> Chicken Nuggets</p>	3	<p><u>Homestyle Entrée:</u> Beef & Cheese Fries</p> <p><u>Hot Vegetable:</u> French Fries</p> <p><u>Fruit:</u> Diced Pears</p> <p><u>Fan Favorite:</u> Corn Dog</p>	4	<p><u>Homestyle Entrée:</u> Pepperoni Pizza</p> <p><u>Hot Vegetable:</u> Steamed Cauliflower</p> <p><u>Fruit:</u> Diced Peaches</p> <p><u>Fan Favorite:</u> Cheese Pizza</p>

Rolling Hills Grades 6-12

Lunch March 2025

Food Service Directors: Megan Matlock/DJ Campbell

megan.matlock@rollinghills.k12.oh.us
740.685.8365 ext. 3016



MENUS SUBJECT TO CHANGE

What Makes a Meal?

You must choose at least 3 of 5 components available for the school lunch price.

- Choice of Meat/Meat Alternate
- Choice of Vegetable, Choice of Fruit*
- Choice of Grain and Choice of Milk

**Students must choose at least one fruit or vegetable*

Lunch is FREE!

Daily additional meal options may include:
Wow-Butter & Jelly Sandwiches
Pepperoni and Cheese Pizza

Fresh Fruits and Vegetables

***Vegetables may include:**
Broccoli Florets
Baby Carrots
Dark Leafy Greens
Cauliflower
Celery
Red/Green Peppers
Cucumber

***Fruits may include:**
Crisp Apple
Fresh Orange
Banana
Apple Slices
Grapes
Blueberries
Strawberries

**May choose two 1/2 cup serving*

**May choose one 1/2 cup serving*

Offered Daily

Fruit/Veggie Side: \$1.00

Milk Choices Offered Daily

Fat Free Chocolate & Low Fat White
Extra Milk: \$.65

This institution is an equal opportunity provider.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Homestyle Entrée': Salisbury Steak Hot Vegetable: Mashed Potatoes & Gravy Fruit: Applesauce Fan Favorite: Chicken Patty on a Bun</p>	<p>4</p> <p>Homestyle Entrée': Lasagna Rollups Hot Vegetable: Baked Beans Fruit: Diced Pears Fan Favorite: Cheeseburger</p>	<p>5</p> <p>Homestyle Entrée': Fiestada Pizza Hot Vegetable: Steamed Cauliflower Fruit: Pineapple Tidbits Fan Favorite: Bosco Sticks</p>	<p>6</p> <p>Homestyle Entrée': Pepperoni & Cheese Stromboli Hot Vegetable: Steamed Broccoli Fruit: Diced Peaches Fan Favorite: Chicken Nuggets</p>	<p>7</p> <p>No School</p>
<p>10</p> <p>Homestyle Entrée': General Tso's Bowl Hot Vegetable: Steamed Cauliflower Fruit: Mandarin Oranges Fan Favorite: Mini Corn Dog Nuggets</p>	<p>11</p> <p>Homestyle Entrée': Layered Taco Cup Hot Vegetable: Refried Beans Fruit: Mixed Fruit Fan Favorite: Turkey & Cheese Wrap</p>	<p>12</p> <p>Homestyle Entrée': BBQ Rib on a Bun Hot Vegetable: Corn Fruit: Diced Pears Fan Favorite: Spicy Chicken on a Bun</p>	<p>13</p> <p>Homestyle Entrée': Buffalo Chicken Alfredo Hot Vegetable: Sweet Potatoes Fruit: Applesauce Fan Favorite: Bacon Cheeseburger</p>	<p>14</p> <p>Homestyle Entrée': Taco Pizza Hot Vegetable: Steamed Broccoli Fruit: Diced Peaches Fan Favorite: Chicken Nuggets</p>
<p>17</p> <p>Homestyle Entrée': Cheeseburger Pinwheel Hot Vegetable: Sweet Potatoes Fruit: Diced Pears Fan Favorite: Chicken Bacon Ranch Wrap</p>	<p>18</p> <p>Homestyle Entrée': Baked Penne w Toast Hot Vegetable: Mixed Vegetables Fruit: Applesauce Fan Favorite: Dill Chicken Patty on a Bun</p>	<p>19</p> <p>Homestyle Entrée': Mini Blueberry Pancakes Vegetable: Tater Tots Fruit: Diced Peaches Fan Favorite: Chicken Biscuit</p>	<p>20</p> <p>Homestyle Entrée': Meatball Hoagie Hot Vegetable: Baked Beans Fruit: Mandarin Oranges Fan Favorite: Chicken Nuggets</p>	<p>21</p> <p>Homestyle Entrée': Buffalo Chicken Pizza Hot Vegetable: Steamed Broccoli Fruit: Pineapple Tidbits Fan Favorite: Cheeseburger on a Bun</p>
<p>24</p> <p>Homestyle Entrée': Mandarin Chicken w Rice Hot Vegetable: Steamed Carrots Fruit: Applesauce Fan Favorite: Corn Dogs</p>	<p>25</p> <p>Homestyle Entrée': Hot Wing Dunker Hot Vegetable: Green Beans Fruit: Mandarin Oranges Fan Favorite: Ham & Cheese Wrap</p>	<p>26</p> <p>Homestyle Entrée': Mac & Cheese Bites Hot Vegetable: French Fries Fruit: Diced Pears Fan Favorite: Chicken Patty on a Bun</p>	<p>27</p> <p>Homestyle Entrée': Chicken & Cheese Panini Hot Vegetable: Steamed Broccoli Fruit: Pineapple Tidbits Fan Favorite: Bacon Cheeseburger</p>	<p>28</p> <p>Homestyle Entrée': Nashville Honey Hot Pizza Hot Vegetable: Black Beans Fruit: Diced Peaches Fan Favorite: Chef Salad</p>
<p>31</p> <p>Homestyle Entrée': Chicken Sliders Hot Vegetable: French Fries Fruit: Mandarin Oranges Fan Favorite: Ham & Cheese Pinwheel</p>	<p>1</p> <p>Homestyle Entrée': Chili Con Carne w Beans Hot Vegetable: Steamed Broccoli Fruit: Mixed Fruit Fan Favorite: Cheeseburger on a Bun</p>	<p>2</p> <p>Homestyle Entrée': French Bread Pizza Hot Vegetable: Steamed Cauliflower Fruit: Diced Peaches Fan Favorite: Chicken Nuggets</p>	<p>3</p> <p>Homestyle Entrée': Cheesesteak Stromboli Hot Vegetable: Baked Beans Fruit: Diced Pears Fan Favorite: Bosco Sticks</p>	<p>4</p> <p>Homestyle Entrée': Beef & Cheese Fries Hot Vegetable: Steamed Carrots Fruit: Applesauce Fan Favorite: Spicy Chicken on a Bun</p>

Rolling Hills Grades k-5

Breakfast March 2025

Food Service Directors: Megan Matlock/DJ Campbell
 megan.matlock@rollinghills.k12.oh.us
 740.685.8365 ext. 3016



MENUS SUBJECT TO CHANGE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY				
What Makes a Breakfast? You must choose at least 3 of 4 components available for the school breakfast price. Entrée', 1/2 Cup Fruit, and 1/2 Pint Milk	3	Goody Bun Cereal Bar Assorted Fruit Choice of Milk	4	Maple Brown Oatmeal Chocolate Chip Muffin Assorted Fruit Choice of Milk	5	Goody Ring Cereal Assorted Fruit Choice of Milk	6	Mini Maple Pancakes Cinnamon Roll Assorted Fruit Choice of Milk	7	No School
	 <p>Alternate entrée' options are offered daily along with the menu item, as well as a variety of fruits and 100% fruit juice.</p> <p><u>Additional entrée options may include:</u> Assorted Cereal Pop-Tarts Donuts Assorted Cereal Bars</p> <p style="color: green; font-weight: bold; font-size: 18px;">Breakfast is FREE!</p>	10	Cherry Frudel Banana Muffin Assorted Fruit Choice of Milk	11	Waffles Strawberry Bagel Assorted Fruit Choice of Milk	12	Blueberry Muffin Flat w Crackers Mini Powdered Donuts Assorted Fruit Choice of Milk	13	Zee Zee Bar Cereal Assorted Fruit Choice of Milk	14
 <p style="color: magenta; font-weight: bold; font-size: 18px;">Milk Choices Offered Daily</p> <p>Fat Free Chocolate & Low Fat White Extra Milk: \$.65</p>	17	Goody Ring Cereal Assorted Fruit Choice of Milk	18	Sausage Gravy Biscuit Cereal Bar Assorted Fruit Choice of Milk	19	Cinnamon Roll Chocolate Chip Muffin Assorted Fruit Choice of Milk	20	Goody Bun Pop Tarts Assorted Fruit Choice of Milk	21	Maple Brown Oatmeal Benefit Bar Assorted Fruit Choice of Milk
	24	Goody Bun Zee Zee Bar Assorted Fruit Choice of Milk	25	French Toast Sticks Cereal Bar Assorted Fruit Choice of Milk	26	Banana Muffin Cereal Assorted Fruit Choice of Milk	27	Goody Ring Strawberry Bagel Assorted Fruit Choice of Milk	28	Mini Blueberry Pancakes Nutri-grain Bar Assorted Fruit Choice of Milk
	31	Chocolate Chip Muffin Benefit Bar Assorted Fruit Choice of Milk	1	Maple Brown Oatmeal Cinnamon Roll Assorted Fruit Choice of Milk	2	Goody Ring Pop Tarts Assorted Fruit Choice of Milk	3	Goody Bun Cereal Bar Assorted Fruit Choice of Milk	4	Breakfast Pizza Cereal Assorted Fruit Choice of Milk


This institution is an equal opportunity provider.

Rolling Hills Grades 6-12

Breakfast March 2025

Food Service Directors: Megan Matlock/DJ Campbell
 megan.matlock@rollinghills.k12.oh.us
 740.685.8365 ext. 3016



MENUS SUBJECT TO CHANGE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>What Makes a Breakfast?</p> <p>You must choose at least 3 of 4 components available for the school breakfast price.</p> <p>Entrée', 1/2 Cup Fruit, and 1/2 Pint Milk</p>	3	4	5	6	7	<p>No School</p>
	<p>Breakfast Pizza Goody Bun Assorted Fruit Choice of Milk</p>	<p>Maple Brown Oatmeal Cereal Bar Assorted Fruit Choice of Milk</p>	<p>French Toast Sticks Banana Muffin Assorted Fruit Choice of Milk</p>	<p>Waffles Apple Frudel Assorted Fruit Choice of Milk</p>		
<p></p> <p>Alternate entrée' options are offered daily along with the menu item, as well as a variety of fruits and 100% fruit juice.</p> <p><u>Additional entrée options may include:</u></p> <ul style="list-style-type: none"> Assorted Cereal Pop-Tarts Donuts Assorted Cereal Bars <p>Breakfast is FREE!</p>	10	11	12	13	14	
	<p>Sausage Gravy Biscuit Apple Muffin Flat w Crackers Assorted Fruit Choice of Milk</p>	<p>Sausage Egg & Cheese Bagel Cinnamon Roll Assorted Fruit Choice of Milk</p>	<p>Breakfast Bites Pop Tarts Assorted Fruit Choice of Milk</p>	<p>Breakfast Pizza Chocolate Chip Muffin Assorted Fruit Choice of Milk</p>	<p>Mini Maple Pancakes Zee Zee Bar Assorted Fruit Choice of Milk</p>	
	17	18	19	20	21	
	<p>Breakfast Pizza Goody Bun Assorted Fruit Choice of Milk</p>	<p>Omelet Cereal Assorted Fruit Choice of Milk</p>	<p>Sausage & Cheese Biscuit Cherry Frudel Assorted Fruit Choice of Milk</p>	<p>Maple Brown Oatmeal Banana Muffin Assorted Fruit Choice of Milk</p>	<p>Waffles Goody Ring Assorted Fruit Choice of Milk</p>	
24	25	26	27	28		
<p>French Toast Sticks Strawberry Bagel Assorted Fruit Choice of Milk</p>	<p>Breakfast Pizza Cereal Bar Assorted Fruit Choice of Milk</p>	<p>Mini Blueberry Pancakes Cinnamon Roll Assorted Fruit Choice of Milk</p>	<p>Chicken & Waffles Cereal Assorted Fruit Choice of Milk</p>	<p>Sausage & Cheese Bagel Zee Zee Bar Assorted Fruit Choice of Milk</p>		
<p></p> <p>Milk Choices Offered Daily Fat Free Chocolate & Low Fat White Extra Milk: \$.65</p>	31	1	2	3	4	
	<p>Maple Brown Oatmeal Mini Cinnamon Waffle Assorted Fruit Choice of Milk</p>	<p>Egg & Cheese Biscuit Goody Bun Assorted Fruit Choice of Milk</p>	<p>Breakfast Pizza Chocolate Chip Muffin Assorted Fruit Choice of Milk</p>	<p>Scrambled Eggs Sausage & Toast Goody Ring Assorted Fruit Choice of Milk</p>	<p>Chicken Biscuit Pop Tart Assorted Fruit Choice of Milk</p>	

This institution is an equal opportunity provider.