

August 1, 2024

Welcome Meadowbrook High School students and families to the 2024-2025 school year!

As the PROUD new principal of Meadowbrook High School, I am excited to embark on this journey with you. The upcoming school year promises to be filled with opportunities for growth, discovery, and achievement. Each of you holds the key to your own success—your high school experience is what you make of it.

Our dedicated faculty and staff are here to support you every step of the way, but the choices you make will ultimately shape your future. I encourage you to surround yourself with those who uplift you and inspire you to strive for greatness.

To all our proud parents and caregivers, I invite you to [model and partner](#) with us throughout the school year as we nurture a commitment to excellence in our students. Research shows that students are most successful when strong support systems are in place at home and within the community. Together, we can make this the best year ever!

Meadowbrook High School VISION

100% of students graduating enrolled, enlisted, employed, or entrepreneurial.

At Meadowbrook High School, we envision a community where every student has access to opportunities that inspire hope and foster growth. We are dedicated to cultivating a culture of high expectations across academics, technology, career development, and social skills. By forging strong partnerships within our community and encouraging you to engage each day with purpose and positivity, we aim to deliver an educational experience that empowers you for success now and in the future.

Meadowbrook High School MISSION

#ColtUp — "Show Up, Step Up, Grow Up; Do whatever it takes to be successful"

The "Show Up" component emphasizes the importance of daily attendance, presence, and clear communication - essential for academic success. "Step Up" challenges all members to take on additional responsibilities, leadership roles, and opportunities to support their peers and the broader school community, such as volunteering and participating in extracurriculars. Finally, "Grow Up" encourages everyone to continuously strive for personal and academic improvement(growth), take ownership of their learning, seek feedback to enhance their performance, and advocate for positive change. By "Colt[ing] Up," individuals actively engage in their personal growth, embrace the learning process, and participate in school-sponsored events and activities, ultimately preparing them for lifelong success.

BUILDING A HEALTHY LEARNING ENVIRONMENT

As we kick off the 2024-2025 school year, let's remember that every day is a chance to shine at Meadowbrook High School! Let's use technology wisely, have open talks about improvement, and make choices that help us all succeed. With the support of our amazing staff, families, and school community, we can achieve great things and make awesome memories together.

It is important for every student to attend school every day. [Attendance studies](#) routinely show the connection between regular attendance and critical school measures such as reading proficiently, performing well academically, and graduating from high school. To have excellent attendance and high levels of engagement, we all need to [work together](#) as a team: students, families, school staff, and community. Each day you attend school is a step towards achieving your goals and unlocking your potential. Remember, every missed day can create gaps in learning that are hard to bridge.

To create an engaging environment where you can interact effectively with each other and your teachers, it's crucial to establish clear guidelines for using technology devices. As digital natives, you have grown up with technology and possess an intuitive understanding of its applications. When utilized appropriately, technology can enhance your learning and help you grasp complex materials. However, research indicates that excessive cellphone use in school can negatively impact your academic performance and mental well-being. Distractions from classroom activities can hinder your learning, leading to lower test scores and increased anxiety and depression. Therefore, responsible use of technology is imperative, equipping you with essential skills for success in both your careers and personal lives. Your teachers will determine when and how electronic devices, including cell phones, headphones and earbuds, may be used during lessons. This structured integration of technology allows you to maintain focus on educational objectives. If a device is misused in violation of the student code of conduct or board policy, appropriate consequences will be enforced. By learning to establish digital boundaries, you can view your phones as tools rather than crutches, fostering independence and self-regulation. Innovation is at the forefront of education, and embracing technology prepares you for a workforce where 83% of jobs involve digital communication. Together, we can create a balanced approach that maximizes the benefits of technology while minimizing its distractions.

Additionally, vaping has become increasingly prevalent among teens, and it's crucial to understand the potential risks associated with it. Research indicates that vaping can lead to serious health issues, including respiratory problems, nicotine addiction, and negative effects on brain development. Your health and safety are important, and we

share this concern. To protect you and foster a healthy learning environment, vaping is not permitted on school grounds. By setting clear boundaries, we can support you in making healthier choices. Our goal is to create a safe space where you can thrive academically and socially. We encourage open conversations about the dangers of vaping and the importance of making informed decisions. Together, we can guide you toward healthier habits and a brighter future. Thank you for your commitment to promoting your well-being. [Get informed](#)

This year, I want each of you to take charge of your learning. Show up to school every day, step up to help and support, and grow through every challenge. Together, we can create a fun and supportive environment where everyone feels welcome and inspired. Here's to an exciting year ahead filled with growth, fun, and friendship.

Let's #Colt Up and make this year amazing!

"Show Up, Step Up, Grow Up; Do whatever it takes to be successful"

Mrs. Murphy

P.S.

Students, get a jump start now by reflecting on the following questions:

- Do I attend school regularly, missing fewer than 5 days of school a year?
- Do I actively participate in school activities, clubs, or sports to enhance my school experience?
- How can I contribute positively to the school environment and support my peers?
- Do I seek help when needed, whether academically or emotionally, and utilizing available resources?
- Do I practice good digital citizenship by using technology responsibly?
- How do my choices regarding vaping and cell phone use impact my overall health and well-being, and do I need to take steps to make healthier decisions in these areas?
- Am I familiar with school rules and policies, and do I understand the consequences of not following them?

- What strategies will I implement to manage my time effectively between schoolwork, extracurricular activities, family responsibilities, and personal well-being?
- Who can I choose at home and school to talk to if I need help?
- What is my current Grade Point Average (GPA)? Is it above a 2.0 needed for [graduation](#)?
- Which of the required twenty-four credits do I still need to graduate on time?
- Do I have the test scores to graduate? If not, what am I doing to prepare for the exams?
- Have I taken advantage of all ACT/SAT opportunities to earn graduation or college ready scores?
- Do I need to recover any courses that I failed? If so, have I signed up to take them virtually?
- What colleges/universities/workforce programs am I interested in pursuing? Have I applied?
- What scholarships have I applied for to help pay for my college tuition?
- What are my strengths? What barriers do I face that might prevent me from being successful? What are some possible solutions?

Additionally, the Student/Parent Handbook was developed to answer many commonly asked questions and provide specific information about Board policies and procedures. It contains important details about student rights, responsibilities, and the consequences for misconduct. I ask that you take the time to thoroughly familiarize yourself with the contents of the Handbook, as you are responsible for knowing its contents and keeping the Handbook available for frequent reference.